

## ST. JOSEPH HEALTH SYSTEM- SONOMA COUNTY-COMMUNITY BENEFIT

Integrating actions through Strategic Elements that address the political, social, behavioral and physiological determinants of health: Healthy Communities, Community Health and Advocacy. The primary strategies employed to address community needs are community capacity building, improving health outcomes for vulnerable populations and reducing social isolation of special populations.

### **Healthy Communities: Building community capacity and empowerment to address quality of life concerns.**

The **Neighborhood Care Staff** mentor grassroots leadership to address local community health and quality of life issues. NCS mentors community leaders in 5 communities who have implemented local action plans to improve safety and infrastructure, address substance abuse, engage residents in gang prevention efforts, and reduce obesity. Contact: 707 522-1540

**Agents of Change Training in our Neighborhoods (ACTION)** provides leadership and advocacy training in to Spanish-speaking new community leaders in vulnerable neighborhoods in Sonoma County, as well as to members of the 41<sup>st</sup> Avenue Community Center in formation in Sacramento. Contact: 707 525-5300 Ext: 3216

### **Community Health: Promoting health improvement and increasing access to healthcare services for low-income and under-served vulnerable persons, while fostering collaboration and incorporating healthy community strategies.**

The **St. Joseph Mobile Health Clinic** serves culturally diverse children and adults from low-income families who are uninsured or underinsured county wide. Contact: 707-524-2477

**St. Joseph Dental Clinics and Programs:** The dental clinic provides comprehensive dental care encounters for children ages 0 to 16 years. Contact: 707-547-2221

**Cultivando la Salud/Cultivating Health Mobile Dental Clinic** provides dental care visits to agricultural workers, low-income families and special needs patients in high need areas throughout the County. Contact: 707-547-2237

**Mighty Mouth Dental Disease Prevention Program** provides school based dental education and prevention focused oral healthcare for children. Contact: 707-547-2234

The **House Calls Program** tends to the physical, spiritual and emotional needs of frail elderly seniors and adults with complex chronic diseases by providing primary medical care in the home. Contact: 707-546-3199

**The Promotores de Salud / Promoters of Health** are community-based lay health and wellness promoters / educators, serving as a cultural bridge, assisting children into health insurance, connecting persons with resources and enrolling persons in the MiVIA, an electronic personal health record system. Contact: 707-547-2149

### **Advocacy: Advocating for vulnerable populations and working to affect social and public policy change through grassroots advocacy and engaging persons of influence.**

**Circle of Sisters** is a free violence prevention after-school program for girls ages 10 to 14. The program participants attend schools with high rates of free and reduced lunches. Contact: 707 525-5300 Ext: 5311